

# Apex Centre Gymnasium Rules

- West Side of Gymnasium is for Pick-Up games only and the East side of Gymnasium is for free shooting only during the following times:

4 p.m. – 10 p.m. Monday – Friday

7 a.m. – 7 p.m. Saturday

10 a.m. – 6 p.m. Sunday

- Children under the age of 10 must be directly supervised by a person of 16 years or older.
- Proper attire, including shorts, shirts and non-marking gym shoes must be worn at all times. Bare feet, flip flops, sandals, dress shoes, etc., are prohibited
- Equipment should be used in a manner that it was intended for. Tampering with equipment and/ or kicking or throwing the balls against the walls, doors, windows or ceiling is prohibited.
- No food or drink is allowed (with the exception of water in a plastic closed container only).
- Profanity, horse play, and vulgar language is not allowed
- The Apex Centre is not responsible for lost or stolen items.
- Organized practices and training are not allowed in the gymnasium during operating hours. Rentals may take place at the facility after hours for use. See customer service desk for pricing and availability.
- Volleyball is on Wednesdays in the East Court all day.
- No full court pickup games on the West Court after 4 p.m. on Wednesdays.
- No personal training equipment (jump ropes, medicine balls, yoga mats, etc.) is allowed in the gym during the following times:

4 p.m. – 10p.m. Monday-Thursday

4 p.m. – 9p.m. Friday

11 a.m. – 7p.m. Saturday

11 a.m. – 6p.m. Sunday

**Any Damage caused will result in membership suspension of 30 days or more. For more information, please email [contact-apex@mckinneytexas.org](mailto:contact-apex@mckinneytexas.org).**

# Pick Up Game Rules

- All games are to be played on the West Side of the court in consideration of the following times:
  - 4 p.m. – 10 p.m. Monday – Friday
  - 7 a.m. – 7 p.m. Saturday
  - 10 a.m. – 6 p.m. Sunday
- Players must sign-up with an athletic assistant to play.
- Games are first come, first serve
- While games are being played, no shooting is allowed and everyone not playing must be off the court.
  - Players waiting for the next game must wait on the wall or on the free shoot side.
- All games are played to 15 points, no win by 2.
- All games will have a time limit of 10-minutes. The clock will not stop.
- If neither team scores 15 points by the end of the 10-minutes, the team with the most points wins.
- If the score is tied, next point wins.
- Players cannot sign up a second time until after their first game has finished.
- Two different groups of games can be run: games between kids (middle school and below) and games between adults (high school and up).
- If kids and adults are signing up for games, games will alternate between kid's games and adult games.
  - After each kid/adult game, all 10 players must clear the court.
  - For each age group, the winner will play the next five that is signed up in their age group.
- Kid's teams and adult teams may not play against each other.
- If a group of people wish to sign up to play together that is larger than the spots left on a team, they may sign up together, however they will be placed lower on the list in the following empty group of 5.

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