

APEX CENTRE PERSONAL TRAINER



"Inspiring true Fitness"

I have been in the fitness industry for 5 years, but I have always been passionate about fitness! I have a passion for helping people reach their fitness goals.

My goal is to motivate, inspire, and encourage my clients along the way to reach and even surpass their goals.

Every client has a lifestyle. Let's incorporate those goals into it!

MEET

Stanley Ejim

Certifications and Education:

- ISSA Certified Personal Trainer
- CPR Certified

Areas of Expertise:

- Weight Loss
- Muscle Gain
- Gaining Flexibility
- Boosting Stamina

Stanley is just one of our personal trainers helping our members reach their peak!

To learn more about all the personal training options stop by the customer service desk.

For inquiries, email Apex-Fitness@MckinneyTexas.org

WWW.APEXCENTRE.ORG

