



Before and During the Avian Influenza

Before H5N1 Bird Flu

- Properly handle and cook poultry and eggs, since humans cannot get the H5N1 flu from properly cooked poultry and eggs. Even if they were contaminated with H5N1, proper cooking would kill the virus.
- The United States has put a ban on importation of poultry from countries affected by bird flu viruses.
- If you plan to visit any of the countries with reported cases, visit <http://wwwnc.cdc.gov/travel/page/avian-flu-qa.htm> from the Centers for Disease Control and Prevention for advice on travel preparation and safety.

During H5N1 Bird Flu

- H5N1 Bird Flu infections are very rare in humans, and there have been very few limited and unsustained cases of human-to-human transmission.
- If there ever were a situation in which the bird flu became a widespread pandemic, the U.S. Food and Drug Administration (FDA) approved the vaccine to prevent human infection. It is not commercially available, but held in stockpiles to be distributed if needed.